Cancer Survivorship Services

Improving outcomes for people living with & beyond cancer

Tuesday 14 June 2016 Hallam Conference Centre, London

Speakers include:

Richard Surman Trustee and Chair The Pelvic Radiation Disease Association
Adel Makar Consultant Urological Surgeon and Director Worcestershire Prostate Cancer Survivorship Programme
Dr Dorothy Goddard Cancer Lead Clinician Royal United Hospital Bath NHS Trust
Dr Kate Jenkins Lead Clinician for Psychological Support for Cancer Salisbury District NHS Foundation Trust

Supporting Organisation:
Living with and Beyond Cancer is one of the key strategic priorities for the National Cancer Taskforce. In a letter to Chief Executives of the bodies that run the NHS Prof Harpal Kumar, Independent Chair of the National Cancer Taskforce stated that “Many cancer patients suffer long-term consequences from their cancer or their treatment and are at higher risk of recurrence. Many will suffer psychological or financial hardship. Most will have another long-term condition they are trying to manage in addition to their cancer. These consequences adversely affect long-term quality of life, and can also result in acute episodes of health care need, much of which is avoidable or can be mitigated. I have been struck by how many areas of the country are testing initiatives to support better this growing cohort and delivering some truly exciting results, which we need to start taking forward at a national level. The highest priority should be to accelerate the roll-out of stratified follow up pathways and the commissioning of holistic packages of support. The aim should be that by 2020 every person with cancer will have access to relevant elements of the Recovery Package and that stratified follow-up pathways should be in place for the common cancers. We also need to develop a national quality of life metric – ideally by 2017 – to ensure that we monitor and learn lessons to support people better in living well after treatment has ended. We should also ensure that end of life care planning and choices are made available to all who have a terminal diagnosis, without delay.”

The National Cancer Taskforce have recently announced their intention to “Transform our approach to support people living with and beyond cancer: We recommend accelerating the roll-out of stratified follow up pathways and the “Recovery Package”. The aim should be that by 2020 every person with cancer will have access to elements of the Recovery Package, and stratified pathways of follow-up care will be in place for the common cancers. A national quality of life measure should be developed by 2017 to ensure that we monitor and learn lessons to support people better in living well after treatment has ended.” ACHIEVING WORLD-CLASS CANCER OUTCOMES A STRATEGY FOR ENGLAND 2015-2020, The National Cancer Taskforce 2015

This conference focuses on cancer survivorship, improving outcomes for people living with and beyond cancer, moving from surviving to thriving. Through national updates and practical case studies the conference aims to support you to develop effective cancer survivorship support and services. There will be an extended focus on meeting the unmet needs of people living with and beyond cancer, accelerating the roll-out of stratified follow up pathways and the commissioning of holistic packages of support, ensuring every person with cancer will have access to relevant elements of the Recovery Package and that stratified follow-up pathways should be in place for the common cancers, and the development of a national quality of life metric to ensure that we monitor and learn lessons to support people better in living well after treatment has ended.
## 10.10 National Update: Living With and Beyond Cancer
Implementing Strategic Priority 4 of the National Cancer Taskforce

**Member**
National Cancer Taskforce (Invited)

- meeting the unmet needs of people living with and beyond cancer
- accelerate the roll-out of stratified follow up pathways and the commissioning of holistic packages of support
- ensuring every person with cancer will have access to relevant elements of the Recovery Package and that stratified follow up pathways should be in place for the common cancers
- the development of a national quality of life metric to ensure that we monitor and learn lessons to support people better in living well after treatment has ended
- the role of PROMS in understanding cancer survivor outcomes: the pilot of Patient Reported Outcome Measures for bladder cancer
- moving forward

## 10.40 A Cancer Survivor’s Perspective

**Richard Surman**
Trustee and Chair
The Pelvic Radiation Disease Association

- what support do people with cancer, cancer survivors and their families need?
- improving public awareness of support for people living with and beyond cancer

## 11.10 Questions & answers, followed by tea & coffee 11.20

## 11.45 Extended Session: Sustaining recovery and delivering an effective recovery package
Case studies in Practice

**Gini Melesi**
Community Cancer Nurse Specialist
Hinchingbrooke Hospital

This session will focus on delivering an effective recovery package, the elements that should be included, linking with holistic needs assessment and care planning and ensuring access for every patient.

## 11.50 Questions & answers, followed by lunch 13.10

## 14.00 Delivering supported self management

**Dr Kate Jenkins**
Lead Clinician for Psychological Support for Cancer
Salisbury District NHS Foundation Trust

- delivering supported self management
- managing the fear of recurrence
- meeting the psychological needs of cancer survivors
- enabling self support and self triggered follow up

## 14.30 Improving the survivorship pathway: Meeting Practical and Emotional Needs

**Speaker to be announced**

- meeting the practical and emotional needs of people with cancer and cancer survivors: dealing with uncertainty, stress and support
- working with social care and the voluntary sector
- how the support changes from diagnosis through to survivorship
- improving the survivorship pathway
- our approach in practice and moving forward

## 15.00 Involving and engaging cancer survivors to improve survivorship services Case study: Prostate Cancer

**Adel Makar**
Consultant Urological Surgeon and Director
Worcestershire Prostate Cancer Survivorship Programme

- developing our cancer survivorship programme in partnership with patients
- giving patients control over their follow-up care and allowing us to pay attention to their holistic needs
- developing support networks and budding systems
- the Worcestershire Prostate Cancer Survivorship Programme: what we have learnt

## 15.30 Questions & answers, followed by tea & coffee 15.40

## 16.00 Living with and beyond cancer: Delivering an effective survivorship programme to improving outcomes and managing late effects

**Sarah Guest**
Clinical Nurse Specialist (Survivorship and Late Effects)
With Claire Walker
Associate Practitioner
Hull and East Yorkshire Hospitals NHS Trust

- developing an effective cancer survivorship programme
- measuring and improving outcomes and late effects
- moving the focus from surviving to thriving

## 16.30 Living well and delivering effective risk stratified follow up

**Dr Dorothy Goddard**
Lead Clinician for Cancer & Consultant Breast Radiologist
Royal United Hospital Bath NHS Trust

- supporting those living with and beyond cancer to be as active as possible
- stratification and key assessment/reassessment triggers
- supporting self management and reducing unnecessary follow up visits

## 17.00 Questions & answers, followed by close 17.10
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For more information contact Healthcare Conferences UK on 01932 429933 or email jayne@hc-uk.org.uk

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Hallam Conference Centre, 44 Hallam Street London, W1W 6JJ. A map of the venue will be sent with confirmation of your booking.

Date Tuesday 14 June 2016

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